

The Happenings!

September, 2009



Volume 26, Issue 9
Sierra Club—San Diego Chapter Singles Section

Featured events:

Sept 10, Thurs—Social Walk/Dinner, Mission Bay

*Sept 19, Sat—House Concert, The Cathryn Beeks
Ordeal*

*Sept 20th, Sun—Brunch, Buster's Beach House,
Seaport Village*



Announcements

- ❖ The Sierra Singles Board would like to thank Gary Washington for his many years of service to Sierra Singles. Over the past 8 years, Gary served as board chairperson as well as membership chair, which included responsibility for maintaining membership records as well as producing and distributing “The Happenings”. Gary recently resigned from the board. His leadership skills and dedication to the organization will be missed. We wish him well in the future!
- ❖ Christmas will be upon us before we know it! Our annual Holiday Party is scheduled for Dec. 19th at the Escala Clubhouse [same place as last 4 years]. Just as the location is the same, the same people have done most of the planning, working, and cleanup for the past 4 years. The Holiday Party is enjoyed by all but if we are to continue to have the party, we need more people involved.
 - 2 people are needed to come at 5:45pm to sign people in at the door for about 1.5 hours.
 - 4 people are needed to stay after the party, which ends at 10pm to help clean up and load party supplies into my car.
 - Once you complete your duties, you will be reimbursed for your admission to the party.

Please email me if you are interested in helping.

I know December is a ways away, so plan ahead.

Please don't sign up if you feel you may not be able to keep your commitment.

Thanks. Candy Brooks- escalagal@san.rr.com.

- ❖ Sierra Singles leaders looking for volunteers with homes for potluck Games Nights to play charades and other social games. Contact E. L. Lotecka sdwalks@interactor.cc
760.533.2725
- ❖ Updates via email are sent weekly (usually sent on Fridays), so please send any new outings or corrections by Tuesday – weekly updates generally cover activities for the upcoming week only.
- ❖ Board Members Update
At the August Sierra Singles Board Meeting the following board positions were filled:

Chairperson:	E. L. Lotecka
Membership	Carol Stultz
Editor	Bonnie Sattler
Secretary	Candy Brooks
Promotions	Melody Eues
- ❖ Become a Chapter Outings Leader!!! San Diego Chapter Outings Leader Training- October 6 & 10, 2009. Contact Doug Nolff, 858-442-8711, doug.nolff@gmail.com



September Events

SEPT 05, SAT

COASTERS OCEANSIDE HARBOR

Morning walk in beautiful Harbor area. Bring water, walking shoes or light boots. Optional restaurant lunch at hike end. Rain cancels. Reservations required, Email (preferred). Open to main chapter and singles.

SEPT 06, SUN

VOLLEYBALL

Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove.

SEPT 09, WED 6:30-7:30 PM

SIERRA SINGLES ORIENTATION

A great way to find your niche in the club. Presentation features Sierra Singles events and activities. Discussion of activities and questions answered. No reservations needed. For more info, call E. L. Lotecka, sdwalks@interactor.cc, 760.533.2725. Mission Valley Branch Library, Seminar Room A 2123 Fenton Parkway, San Diego. (Friars Road south on Fenton Parkway, next to IKEA) Volunteer opportunities available! Newcomers welcome. You may sign-up online through www.meetup.com/Sierra-Singles if you desire.

SEPT 10, THURS

MISSION BAY PARK WALK/OPTIONAL DINNER

A socially-paced walk by the water with cooling breeze and setting sun.

SEPT 12, SAT

PIONEER MAIL TO CUYAMACA STATE PARK

This one-way hike starts in the Laguna Rec Area at the Pioneer Mail picnic area, and ends up at the bottom of the Harvey Moore trail at the Sweetwater Bridge parking area. As you may have guessed, going in this direction the hike is mostly downhill with great views of Cuyamaca State Park.

SEPT 13, SUN

VOLLEYBALL

Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove.

SEPT 14, MON 6:30-7:30 PM

SIERRA SINGLES BOARD MEETING

All interested persons and members are welcome! 8304 Clairemont Mesa Blvd., Room 105, 1 block west of 163 interchange on the north side of Clairemont Mesa Blvd. This room is next to the Main Chapter office. Board members will brown bag around 6 PM or come to the meeting at 6:30. Here's your chance to share your ideas for the Singles Section. The meeting is primarily business rather than social (but enjoyable!) No reservations needed. We need someone to serve as vice-chairperson. Volunteers willing to help several hours a month are welcome. Contact EI at sdwalks@interactor.cc 760.533.2725 for more information.

SEPT 16, WED**MIDDLE PEAK**

We're back for another season of hiking. Please join experienced friends and some fresh leaders for this first of the year's mid-week outings and annual potluck to Middle Peak via the scenic back route.

SEPT 19, SAT DINNER AND MOVIE IN MIRA MESA, EDWARDS THEATERS

You may sign-up online through www.meetup.com/Sierra-Singles if you desire.

SEPT 19, SAT HOUSE CONCERT—THE CATHRYN BEEKS ORDEAL

Americana; Folk-Rock; Jazz--a totally unique sound. You won't believe that this group isn't nationally known. Singer songwriter Cathryn Beeks will perform mostly all original songs, the band is really tight, and Cathryn's beautiful singing voice and amazing sense of timing will make you a lifelong fan.

SEPT 20, SUN**SAN JACINTO PEAK**

Come join us in hiking the easy way (?) up to San Jacinto Peak from the Palm Springs Aerial Tramway. We will see great views from the peak, Wellmans Divide, and the Tramway

SEPT 20, SUN BRUNCH—BUSTER'S BEACH HOUSE, SEAPORT VILLAGE

Brunch at Buster's Beach House in Seaport Village, downtown. 3 hours free parking available. Meet inside the restaurant. Stay around after brunch for the live music in the gazebo. Regular dancers put on quite a show. Please RSVP to me before Sept 19th.

SEPT 20, SUN**VOLLEYBALL**

Host: Bob Hanson 619-287-7844. Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove.

SEPT 23, WED**COWLES MOUNTAIN FROM BARKER WAY**

Abs? What are abs? Where? Oh, they're hidden abs. Join us on this fun, fast-paced evening conditioning hike up the trail less traveled to the top of Cowles Mountain. We'll cover very basic astronomy at the summit, with our great view of the night sky, then loop back down on the dirt fire road.

SEPT 24, THURS BALBOA PARK SOCIAL WALK/OPTIONAL DINNER

We will walk alongside parade route through tall trees and green lawns with beautiful views. The socially paced walk will return to a classic Chinese restaurant afterwards for dinner.

SEPT 27, SUN**VOLLEYBALL**

play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove.



Looking Ahead to October

OCT 03, SAT**COASTERS EAST SAN ELIJO/PICNIC**

Walk, then picnic. Bring water. NO hike reservations.

OCT 05, MON 6:30-7:30 PM**SIERRA SINGLES ORIENTATION**

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OCT 07 WED**THE PARK IN THE DARK NORTH FORTUNA LOOP**

Here's an energetic evening conditioning hike for you in Mission Trails Park. From Tierrasanta we'll start out with great views of the city, then chug along at a moderate pace over the top of North Fortuna Mountain. VERY STEEP! Very rocky and very fun, and you can learn how night hiking works. Wear hiking boots and bring your flashlight. We can add South Fortuna if we're quick and still eager.

OCT 10, SAT**LAGUNA RAMBLE**

This is best done in May for the spring flowers, but Indian Summer is spectacular here also. We'll start at Penny Pines and loop hike the Big Laguna and Sunset trails and if we feel up to it, head to the PCT to bag Garnet Peak for a desert view. Bring 3 quarts water, lunch and sturdy shoes.

OCT 12, MON 6:30-7:30**SIERRA SINGLES BOARD MEETING**

All interested persons and members are welcome! 8304 Clairemont Mesa Blvd., Room 105, 1 block west of 163 interchange on the north side of Clairemont Mesa Blvd. This room is next to the Main Chapter office. Board members will brown bag around 6 PM or come to the meeting at 6:30. Here's your chance to share your ideas for the Singles Section. The meeting is primarily business rather than social (but enjoyable!) No reservations needed. We need someone to serve as vice-chairperson. Volunteers willing to help several hours a month are welcome. Contact El at sdwalks@interactor.cc/760.533.2725 for more information.

Sierra Singles Board Members

Chairman & Hospitality: E.L. Lotecka, 760-533-2725, sdwalks@interactor.cc

Outings Chair & Webmaster: Doug Nolff, 858-442-8711, doug_nolff@gmail.com

Programs & Secretary: Candy Brooks, 619 584 9072, escalagal@san.rr.com

Treasurer & Membership: Carol Stultz, 858 657-0502 ssinglesmembership.@gmail.com

Conservation & Promotion: Melody Eues, 619-729-5690, mellah222@cox.net

Editor: Bonnie Sattler 619-265-1662, bjs7813@aol.com

Vice Chair: vacant

Sierra Singles Website: <http://www.sandiego.sierraclub.org/singles>

Carpool Information Grossmont / La Mesa: Drive east on I-8, exit Jackson Drive and turn left. At the next light, turn right to Murray Drive. From I-8 west, exit Jackson Drive and go straight across the intersection. The Park & Ride is next to the Red Lobster Restaurant (do not park in the restaurant's half of the lot).

Mission Valley: Take I-8 to the Qualcomm Way off-ramp. Go west on Camino de la Reina. Park on Camino del Este near Camino de la Reina. Meet near the NE corner of Camino del Este and Camino de la Reina.

La Jolla: From I-5, exit Gilman Dr and turn west. To get to the lot, make a U-turn on Gilman and the lot will be on your right before the southbound on-ramp to I-5.

El Cajon (old): Meet on the southwest corner of Second St and Oakdale Ave. Take I-8 to Second Street exit. Go south one block to Oakdale Avenue. Park on Oakdale. (This El Cajon location has become crowded; many prefer to use the newer Los Coches facility.)

El Cajon: Take I-8 to Los Coches Road. Exit south and then left on Camino Canada. Thomas Bros. 1252, 1-D, 2001

Mira Mesa: From I-15, go west at Mira Mesa Blvd. Take the first right into the Park & Ride lot. From eastbound Mira Mesa Blvd, turn left (north) on Westview Pkwy and immediately right; drive past the north side of Best Buy.

Rancho Penasquitos: Take I-15 to Rancho Peñasquitos Blvd/Poway Rd exit. Go one block west on Rancho Peñasquitos Blvd. The Park & Ride is on the south (left) side of the street behind the Unocal 76 gas station.

Trip Grading System: The first letter shows the general difficulty of the trip.

E – Easy: Anyone in reasonable condition can do this trip.

M – Moderate: You must be in good shape, and previous hiking experience is recommended.

H – Hard: You should have comfortably done several moderate trips before tackling this. Look carefully at the mileage and elevation gain.

S – Strenuous: Talk about this trip with the leader. A fast pace may be required, besides other challenges.

V -Very Strenuous: This is for very experienced hikers. You may encounter difficult terrain. Don't try it until you are ready.

The number after the first character is the distance in miles (on multiple day trips it is for the longest day). For instance, M9B is a moderate 9-mile hike.

The last letter shows the elevation gain. For multi-day trips, the grade is the day with the most elevation gain. For example H12D is a hard 12-mile hike with a 2,000-3,000 foot gain:

A - Less than 500 feet gain C - 1000 to 2000 feet gain E - more than 3000 feet gain

B - 500 to 1000 feet gain D- 2000TO 3000 feet gain Advance reservations are required when a “***” appears in the header or when the write-up states to contact the leader.

A quick reminder --any member may sponsor events (not hikes) and list them in *The Happenings*. Please send the event to escalagal@san.rr.com for publication. Hikes should be sent to doug.nolff@gmail.com

Singles Board open position job description:

Section 1. The vice chairperson shall preside at all Board and Singles Sections monthly events (in the absence of the chairperson) (also known as general meetings;) call special Board meetings as necessary, appoint standing and/or special committees as necessary, and exercise such powers as ordinarily accompany the office of Chairperson.

“Fees paid to Sierra Singles and to Sierra Club are NOT tax deductible as charitable contributions.”

Membership form for Sierra Singles is on the next page. To join Sierra Club, as well, please include the Sierra Club form (bottom) and a **SEPARATE** check payable to “**Sierra Club**” in the appropriate amount.

SIERRA SINGLE'S The Happenings! MEMBERSHIP FORM (Does not include Sierra Club, San Diego Chapter membership.)

Name _____
 Address _____
 City _____, CA Zip _____
 Phone _____
 Email _____ how did you hear about us _____

Membership Categories: (New or Renewal) Paper Version - \$17 Email Version - \$10
 Email version sent by blind copy to preserve your privacy. Include your email address if you want to get the all the activity updates that are not in the newsletter. * **ALL** renewal memberships **MUST** include proof of current Sierra Club membership: preferably a copy of your membership card clearly showing expiration date or an address label from a current Hi Sierran or Sierra magazine (along with enough of the front page to show the issue date). (First year membership in Sierra Club not necessary) *Make check payable to: **SIERRA SINGLES, Box 928184, San Diego, CA 92192***

SIERRA CLUB MEMBERSHIP APPLICATION Includes subscription to Sierra magazine, \$7.50, and Chapter publications \$1 Name _____ **W0550**
 Address _____ City, _____, CA
 Zip _____ Phone _____
 E mail address _____ Membership categories Introductory: \$25
 Supporting \$75; Regular \$39; Contributing \$100; Senior/Student \$24; Life Member: \$1000
 Limited Income: \$24 *Make check payable to:*
SIERRA CLUB Box 928184, San Diego, CA 92192

SIERRA CLUB, SAN DIEGO CHAPTER
 SINGLES SECTION
 P.O. BOX 928184
 SAN DIEGO, CA 92192

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