

# *The Happenings!*

*May, 2009*

*Volume 26, Issue 5*



Spitler Peak- Looking down the southern side towards Fobes Saddle and Palm View Peak. Toro Peak is in the background

*Sierra Club -- San Diego Chapter Singles Section*

*Featured events:*

*May 2- Coaster's Hike/Picnic*

*May 9-Spitler Peak (main chapter event)*

*May 29- Bonfire-Potluck*



***From the chair:* Join the Sierra Singles Board Team! The Singles Board needs new members who are Sierra Club, Singles members willing to share new ideas, volunteer several hours each month and attend a short monthly meeting on the 2<sup>nd</sup> Monday of the month. Singles needs a secretary, vice-chairperson, promotions, editor and membership.**

A special thanks to all of the Board members, enthusiastically and diligently contributing to the Singles' and keeping the group a vibrant and dynamic organization where the members can enjoy the great out-of-doors and the company of other like-minded people. Candy Brooks develops, hosts, and coordinates all the events; Doug Nolff keeps our web site state-of-the-art and posts the schedule and special announcements as well as approving the outings; El Lotecka hosts the orientation monthly and leads hikes, Carol Stultz keeps track of our finances, arranges special needs such as insurance and leads hikes, Ellen Emery publicizes events in the medias and takes the minutes of the meetings, Melody Eues keeps us current on conservation issues and promotes the section. I sort of fill-in where there is a need. Thanks to all the Board members!!

The section needs new board members in order to continue. A few hours each month is all that is necessary... Some new Board members will hopefully be elected in June as we have some leaving in June.

Thanks, Gary Washington  
Membership, acting editor, acting chairman

## May events-



**MAY 1. FRI, 6PM,**

**POTLUCK & MOVIE NIGHT**

**“EVERYTHING’S COOL”** (Potluck 6:00pm, Movie 6:30pm) is a “toxic comedy” about the most dangerous chasm ever to emerge between scientific understanding and political action – Global Warming." (from treehugger.com) Chapter HQ – 8304 Clairemont Mesa Blvd. #101 (We have a zero waste policy so please bring your own non-disposable plate, cup, napkin, and utensils; pack it in & pack it out) Sponsor: International Committee. Main Chapter event.



**MAY 2, SAT, 9AM,**

**COASTERS HIKE/PICNIC**

Leader: Carol Stultz, [castultz@gmail.com](mailto:castultz@gmail.com) 858-945-4966 Assistant: El Lotecka (E4A)  
Walk, then picnic. Come to one or both. Bring water NO hike reservations. Picnic costs \$5, RSVP by Apr 29/09 to Peg at 760 753-0899, or E-mail to [DavidGrubb@sbcglobal.net](mailto:DavidGrubb@sbcglobal.net), choose chicken or veggie burger. We hikers meet at 9 am in Encinitas at the parking lot at Third and C. Use Encinitas exit off hwy 5, go west under rail road and across Coast Highway-Old 101 to Third St. Turn left onto Third, drive up hill one block, turn right on C street and go right into parking lot, Thomas 1147-B7. Open to Main Chapter.



**MAY 3, SUN, 1PM**

**VOLLEYBALL**

Host: Bob Hanson 619-287-7844 Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove. Directions: I-5 to Clairemont Dr., A few hundred feet west is Mission Bay Dr., turn right. Go to the next stop sign, turn left into the parking lot. We'll be on the grass past the NW corner of the parking lot. Look for the Sierra Club banner.



**MAY 4, MON, 6:30-7:30PM**

**SIERRA SINGLES ORIENTATION**

A great way to find your niche in the club- Presentation features Sierra Singles events and activities. Discussion of activities and questions answered. No reservations needed. For more info, call E. L. Lotecka, [elguide1@gmail.com](mailto:elguide1@gmail.com) , 760.533.2725, Mission Valley Branch Library, Seminar Room A, 2123 Fenton

Parkway, San Diego. (Friars Road south on Fenton Parkway, next to IKEA) Volunteer opportunities available! Newcomers welcome.



**MAY 6, WED,**

**WED IN THE MTNS: BETTY'S CABIN POTLUCK**

Leader: Mac Downing 858-490-0583 or [MacDowning@Yahoo.com](mailto:MacDowning@Yahoo.com) - Assistant: Needed (M6A)  
Laguna hike with potluck stop at Betty Hill's cabin, Betty has graciously invited us to use her cabin and its picnic table during our lunch break. Bring something to share, water, and hiking shoes or boots. MV carpool leaves 8 AM. Meet 9 AM on Sunrise Highway (S1) at Big Laguna (BLT) trail head just north of Forest Service Camp Olle Fire Station at milepost 25.2, Thomas 1218-E5. Rain or drizzle cancels. Main Chapter event.



**MAY 6, WED,**

**COWLES MOUNTAIN EVENING HIKE FROM BARKER WAY**

Leader: Diane Purkey 619-865-8598- Assistant: Robert Burroughs (M4B)  
Abs? What are abs? Where? Oh, they're hidden abs. Join us on this fun, fast-paced evening conditioning hike up the trail less traveled to the top of Cowles Mountain. We'll cover very basic astronomy at the summit, with our great view of the night sky, and then loop back down on the dirt fire road. Bring your flashlight and a light jacket. Call leader for required signup. Main Chapter event.



**MAY 9, SAT,**

**SPITLER PEAK**

Leader: Jim Jafolla [JimJafolla@cox.net](mailto:JimJafolla@cox.net) Assistant: Susan McFetridge (H11D)  
Set in the southern San Jacinto Wilderness, this well maintained trail winds up to the PCT, offering a panorama of the Coachella Valley. 1/2 mile east of the junction is the trail to Spitzler Peak where we'll enjoy lunch and a fine view. Time and energy permitting we'll also bag Apache Peak (1/2 mile west). Bring 3 qts water, lunch, and sturdy shoes. Limit 12. Main Chapter event.



**MAY 9, SAT,**

**AMAZON WARRIOR WOMEN'S SPINES-TO-PINES HIKE, SAN JACINTO**

Leader: Diane Purkey 619-865-8598- Assistant: Rachel Barsman (S10E)  
She's pretty but she's not easy! Climb eight THOUSAND vertical feet in 10 miles, from the desert floor to the top tram station, at a moderate, ego-free pace. You're ready when 4,000' is a half-day climb for you. \$15.00 tram ride down. Select men might qualify if space permits, but remember--Chicks Rule! Conservation study topic: Do local bighorn sheep have lambing rights here? Main Chapter event.



**MAY 9, SAT, 8PM,**

**HOUSE CONCERT-THE CHRISTOPHER DALE TRIO**

Host: Carol Branch (858-452-1539 or [wonderwoman@san.rr.com](mailto:wonderwoman@san.rr.com)), Live at Rock Valley house concert at Carol's 7170 Rock Valley Court, San Diego 92122 Casual dress. Potluck finger food. Snacks and beverages will be available, Contributions welcome. Reservations required! Limited to 60 people. Recommended donation: \$15.00 at the door. CD's will be available for purchase. Performer's web site: <http://www.christopherdalemusic.com/music.asp>

**Type of Music:** Folk Rock, Americana. The trio includes singer/songwriter Christopher Dale, guitar; Matt Silvia, lead guitar & Bill Coomes, drum. Chris's songs are witty, whimsical and very original. Their music will rock the house! The three part harmonies are tight and beautiful, and all 3 men are first rate musicians—some of the best in town.

**Directions:** Take I-805 to the Governor Dr. off-ramp in University City. Proceed west on Governor Dr. and turn right at the 2nd light, which is Gullstrand. Gullstrand changes its name to Cather St. just before you turn right onto Rock Valley Ct. The house is at the end of the cul-de-sac: 7170 Rock Valley Ct. If you arrive late you may have to park around the corner on Cather, as parking in the cul-de-sac is limited.



**MAY 10, SUN, 1PM,**

**VOLLEYBALL**

Host: Bob Hanson 619-287-7844 Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove. Directions: I-5 to Clairemont Dr., A few hundred feet west is Mission Bay Dr., turn right. Go to the next stop sign, turn left

into the parking lot. We'll be on the grass past the NW corner of the parking lot. Look for the Sierra Club banner.



**MAY 13, WEDS, 9AM**

**INDIAN CREEK LOOP**

Leader: Marilyn Pope 858-452-8771 – Assistant: needed

M8B

A loop hike through old fire burn area, meadows, and chaparral forest... how many wildflowers will we see? Bring lunch, 2 qts. of water, hiking/trail shoes, poles. Meet at Penny Pines trailhead, mile 27.3 on Sunrise Hwy (S1) at 9AM. Carpools leave at 8AM. Golden Age passes needed, Rain (not fog) cancels. Main Chapter event.



**MAY 13, WED,**

**THE PARK IN THE DARK- NORTH FORTUNA LOOP**

Leader: Diane Purkey 619-865-8598, Assistant Aaron Sweeney

M6C

Here's an energetic evening conditioning hike for you in Mission Trails Park. From Tierrasanta we'll start out with great views of the city lights, and then chug along at a moderate pace over the top of North Fortuna Mountain. VERY STEEP! Very rocky and very fun, and you can learn how night hiking works. Wear hiking boots and bring your flashlight. Main Chapter event.



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**MAY 15, FRI, 7:30PM,**

**THE FUTURE OF THE COLORADO RIVER DELTA**

Presented by Dave Massey. Joyce Beers Center, 3900 Vermont St. in Hillcrest. Additional parking is under Trader Joe's and Ralphs. Contact: Mannie Kugler 619-585-3773. Main Chapter event.



**MAY 16, SAT, 530PM, DINNER AND MOVIE IN MIRA MESA, EDWARDS THEATERS**

Host- Candy Brooks 619 584 9072

Meet in front of theater to choose a movie and buy tix. Followed by dinner at Pat and Oscars. Coffee and dessert following the movie at Pannera. Theaters are off Mira Mesa exit at I -15. Hope to see a lot of you attend.



**MAY 17, SUN, 1PM**

**VOLLEYBALL**

Host: Bob Hanson 619-287-7844 Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove. Directions: I-5 to Clairemont Dr., A few hundred feet west is Mission Bay Dr., turn right. Go to the next stop sign, turn left into the parking lot. We'll be on the grass past the NW corner of the parking lot. Look for the Sierra Club banner.



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**MAY 21-25, THURS-MONDAY, MEMORIAL DAY- SANTA ROSA & SAN MIGUEL ISLANDS – CHANNEL ISLANDS NATIONAL PARK** Coordinator Howard Kellogg [hkellogg@earthlink.net](mailto:hkellogg@earthlink.net) 760-996-5581 See the webpage at [www.sandiego.sierraclub.org/bus](http://www.sandiego.sierraclub.org/bus) Main Chapter event.



**MAY 24, SUN, 1PM**

**VOLLEYBALL**

Host: Bob Hanson 619-287-7844 Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove. Directions: I-5 to Clairemont Dr., A few hundred feet west is Mission Bay Dr., turn right. Go to the next stop sign, turn left into the parking lot. We'll be on the grass past the NW corner of the parking lot. Look for the Sierra Club banner.



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**MAY 24, SUN, 3PM, WINE TASTING- MOSAIC WINE BAR- "SIPPING SIERRANS"** 3422 30<sup>TH</sup> St. in North Park. We will taste four wines – white wine from France, and reds from Australia, Spain, and Argentina. In addition to the wines there will be cheese plates with dried fruits, nuts, olives, bread and Mosaic's signature pizza. Cost is \$30 per person in advance, \$35 at the door. This will cover all expenses and

includes a donation to the Chapter. Please RSVP to [rmiller@sierraclub-sandiego.org](mailto:rmiller@sierraclub-sandiego.org) or by calling the Chapter office at 858.569.6005. Main Chapter event.



**MAY 27, WED, 6:30PM,**

**CONSERVATION ACTION OPPORTUNITY NIGHT**

Find your niche in the Sierra Club. Light refreshments will be provided. Calling all Chapter members – new Conservation Volunteers needed! This is a great opportunity to learn about the environmental challenges facing San Diego, meet other volunteers and learn how you can make a difference in your community. Chapter HQ – 8304 Clairemont Mesa Blvd. #101 Sponsor: Chapter Staff RSVP: Contact Cheryl Reiff or Richard Miller at 858-569-6005 or [creiff@sierraclubsandiego.org](mailto:creiff@sierraclubsandiego.org). Main Chapter event.



**MAY 28, THUR, 6-8PM,**

**POTLUCK MIXER**

Finger Food Potluck & Speaker. Susan Schenck, author of the 2-time award winning book, The Live Food Factor, The Comprehensive Guide to the Ultimate Diet for Body, Mind, Spirit & Planet, will be talking about 10 reasons to stop (or minimize) eating cooked food. Bring a healthy finger snack or beverage to share. Chapter HQ – 8304 Clairemont Mesa Blvd. #101 (We have a zero waste policy so please bring your own non-disposable plate, cup, napkin, and utensils; pack it in & pack it out) Sponsor: Membership Committee Contact: Jan Schalkwijk 619-269-0329. Main Chapter event.



**MAY 29, FRI, 6:30 PM,**

**BONFIRE AND POTLUCK DINNER AT SHELTER**

**ISLAND**

Host- Candy Brooks 619 584 9072. Meet at one of the fire rings across from Humphreys. Look for the red Sierra Singles sign. Please bring a dish to share, your own drink and chair. Dress warm. Firewood is appreciated.

Need directions? mapquest Humphreys by the Bay on Shelter Island.



**JUN 1, MON, 6:30-7:30PM**

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**JUN 5, FRI, 6PM, POTLUCK & MOVIE ,**

**“BURNING THE FUTURE”**

Potluck 6PM & Movie 6:30PM "An examination of the explosive forces that have set in motion a groundswell of conflict between the coal industry and residents of West Virginia." (from film.com). Yes, (Surprise!) San Diego does use coal energy! Chapter HQ – 8304 Clairemont Mesa Blvd. #101 (We have a zero waste policy so please bring your own non-disposable plate, cup, napkin, and utensils; pack it in & pack it out) Sponsor: International Committee Contact: Jean Costa 619-463-0721 Main Chapter event.



**JUN 8, MON, 6:30-7:30 PM**

**SIERRA SINGLES BOARD MEETING**

All interested persons and members are welcome! This is a new location; 8304 Clairemont Mesa Blvd., Room 105, 1 block west of 163 interchange on the north side of Clairemont Mesa Blvd. This room is next to the Main Chapter office. Board members will brown bag around 6 PM or come to the meeting at 6:30. Here's your chance to share your ideas for the Singles Section. The meeting is primarily business rather than social (but

enjoyable!) No reservations needed. We need Board members, secretary, vice-chairperson, editor. Volunteers welcome willing to help several hours a month. Contact Gary at [Sc9members1@aol.com](mailto:Sc9members1@aol.com) for more information.



**JUNE 12-14, SUNDAY, WELCOME TO THE SIERRA CLUB'S ANNUAL NATURE KNOWLEDGE WORKSHOP FRIDAY-SUNDAY!** You have a personal invitation to join us – for a weekend that may influence the rest of your life. This annual event is one of the two big Sierra Club happenings of each year (the other is the Wilderness Basics Course). The Nature Knowledge Workshop (NKW) combines education and appreciation for our precious, dwindling natural resources with a sharing and a building of new friendships. We hope you will leave the weekend with a renewed vigor towards a society respecting and preserving all living co-habitants. Friday evening through Sunday noon at the Sierra Club's scenic Foster Lodge on Mt. Laguna (el. 5,800 feet, San Diego County).

Cost is \$125 per Sierra Club member. (\$135 for a non-member) This covers: A comprehensive 190-page Naturalist's Manual, six full and nutritious meals created by Sheena Myers and staff, two nights' lodging- (either in the Lodge or tenting on the grounds), a stompin', clappin', Bluegrass concert on Friday evening. Also half-day nature hikes led through chaparral, forest, and meadow ecosystems. There are evening workshops on a variety of subjects, given by biologists and specialists. Subjects include plants, mammals, birds, insects, reptiles, Indian history and lore, ecology/conservation, astronomy, population issues, and more.

The NKW usually fills up early, followed by a long waiting list. For more information, call Lee or Fern at 619-583-3261

To register, send the following to Lee Siegal, 5224 Prosperity Lane, San Diego, CA 92115-2143 with this coupon for each person applying and a check for \$125 per Sierra Club member (\$135 for each non-member) payable to Sierra Club. You should enclose two self addressed, stamped envelopes (for two separate mailings) if you do not have e-mail. Main Chapter event.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (home) \_\_\_\_\_ (work) \_\_\_\_\_

Amount sent: \_\_\_\_\_ Sierra Club number \_\_\_\_\_

E-mail address(es) \_\_\_\_\_

Age \_\_\_\_\_ Where did you grow up? \_\_\_\_\_

Occupation (previous if retired) \_\_\_\_\_

**Sierra Singles Board Members**

- Membership (Acting chairman):** Gary Washington, 619-708-8111, [sc9members1@aol.com](mailto:sc9members1@aol.com)
- Outings Chair:** Doug Nolff, 858-442-8711, [doug.nolff@gmail.com](mailto:doug.nolff@gmail.com)
- Programs:** Candy Brooks, 619 584 9072, [escalagal@san.rr.com](mailto:escalagal@san.rr.com)
- Treasurer:** Carol Stultz, 858 657-0502 [castultz@gmail.com](mailto:castultz@gmail.com)
- Webmaster:** Doug Nolff, 858-442-8711, [doug.nolff@gmail.com](mailto:doug.nolff@gmail.com)
- Hospitality:** E.L. Lotecka, 760-533-2725, [elguide1@gmail.com](mailto:elguide1@gmail.com)
- Conservation:** Melody Eues, 619-334-7192, [mellah222@cox.net](mailto:mellah222@cox.net)
- Editor:** *Open*, **Secretary:** *Open*, **Vice Chair:** *Open*,

Carpool Information:

**Grossmont / La Mesa:** Drive east on I-8, exit Jackson Drive and turn left. At the next light, turn right to Murray Drive. From I-8 west, exit Jackson Drive and go straight across the intersection. The Park & Ride is next to the Red Lobster Restaurant (do not park in the restaurant's half of the lot).

**Mission Valley:** Take I-8 to the Qualcomm Way off-ramp. Go west on Camino de la Reina. Park on Camino del Este near Camino de la Reina. Meet near the NE corner of Camino del Este and Camino de la Reina.

**La Jolla:** From I-5, exit Gilman Dr and turn west. To get to the lot, make a U-turn on Gilman and the lot will be on your right before the southbound on-ramp to I-5.

**El Cajon (old):** Meet on the southwest corner of Second St and Oakdale Ave. Take I-8 to Second Street exit. Go south one block to Oakdale Avenue. Park on Oakdale. (This El Cajon location has become crowded; many prefer to use the newer Los Coches facility.)

**El Cajon:** Take I-8 to Los Coches Road. Exit south and then left on Camino Canada. Thomas Bros. 1252, 1-D, 2001

**Mira Mesa:** From I-15, go west at Mira Mesa Blvd. Take the first right into the Park & Ride lot. From eastbound Mira Mesa Blvd, turn left (north) on Westview Pkwy and immediately right; drive past the north side of Best Buy.

**Rancho Penasquitos:** Take I-15 to Rancho Peñasquitos Blvd/Poway Rd exit. Go one block west on Rancho Peñasquitos Blvd. The Park & Ride is on the south (left) side of the street behind the Unocal 76 gas station.

**Trip Grading System: The first letter shows the general difficulty of the trip.**

**E – Easy:** Anyone in reasonable condition can do this trip.

**M – Moderate:** You must be in good shape, and previous hiking experience is recommended.

**H – Hard:** You should have comfortably done several moderate trips before tackling this. Look carefully at the mileage and elevation gain.

**S – Strenuous:** Talk about this trip with the leader. A fast pace may be required, besides other challenges.

**V -Very Strenuous:** This is for very experienced hikers. You may encounter difficult terrain. Don't try it until you are ready.

**The number after the first character is the distance in miles** (on multiple day trips it is for the longest day). For instance, M9B is a moderate 9-mile hike.

**The last letter shows the elevation gain.** For multi-day trips, the grade is the day with the most elevation gain. For example H12D is a hard 12-mile hike with a 2,000-3,000 foot gain:

**A - Less than 500 feet gain    C - 1000 to 2000 feet gain                    E - more than 3000 feet gain**

**B - 500 to 1000 feet gain    D- 2000TO 3000 feet gain    Advance reservations are required when a “\*\*\*” appears in the header or when the write-up states to contact the leader.**

A quick reminder --any member may sponsor events (not hikes) and list them in *The Happenings*. Please send the event to [escalagal@san.rr.com](mailto:escalagal@san.rr.com) for publication. Hikes should be sent to [doug.nolff@gmail.com](mailto:doug.nolff@gmail.com)

**Singles Board open positions: job descriptions:**

Section 1. The vice chairperson shall preside at all Board and Singles Sections monthly events (in the absence of the chairperson) (also known as general meetings;) call special Board meetings as necessary, appoint standing and/or special committees as necessary, and exercise such powers as ordinarily accompany the office of Chairperson.

Section 4. The Secretary shall keep records of the proceedings of the Board meetings and distribute minutes to Board members and the Chapter Office and generate other correspondence as required. The Secretary shall archive all Sierra Singles Board minutes and correspondence for a minimum of five (5) years.

Section 8. The Editor shall cause to have published and sent on a regular basis to each member of the Section a newsletter listing all activities and outings of the Section (also weekly updates). The Editor shall work with Treasurer and Chairperson in the negotiation of costs for the printing and mailing of the newsletter. The Editor shall archive the Section newsletter for a minimum of five (5) years. The Editor is encouraged to attend the Hi Sierran Committee meeting. You may subscribe to the Sierra Singles' "The Happenings" for one year without Sierra Club membership. Both print copy and email editions are available. To renew after one year, you **must** be a Sierra Club member or join along with your Singles Section renewal.

“Fees paid to Sierra Singles and to Sierra Club are NOT tax deductible as charitable contributions” To join Sierra Club now, please include the Sierra Club form (bottom) and a SEPARATE check payable to “Sierra Club” in the appropriate amount.

<b>SIERRA SINGLE’S The Happenings! MEMBERSHIP FORM</b> (Does not include Sierra Club, San Diego Chapter membership.)	
Name _____	Address _____
City _____, CA	Zip _____ Phone _____
Email _____	how did you hear about us? _____
<b>Membership Categories:</b> <input type="checkbox"/> (New or <input type="checkbox"/> Renewal) <input type="checkbox"/> Paper Version - \$17 <input type="checkbox"/> Email Version - \$10 Email version sent by blind copy to preserve your privacy. Include your email address if you want to get the all the activity updates that are not in the newsletter. * <b>ALL</b> renewal memberships <b>MUST</b> include proof of current Sierra Club membership: preferably a copy of your membership card clearly showing expiration date or an address label from a current <u>Hi Sierran</u> or <u>Sierra</u> magazine (along with enough of the front page to show the issue date). Includes subscription to Sierra <i>Make check payable to: <b>SIERRA SINGLES, Box 710414, San Diego, CA 92171-0414</b></i>	
<b>SIERRA CLUB MEMBERSHIP APPLICATION</b> Includes subscription to <u>Sierra</u> magazine, \$7.50, and Chapter publications \$1 Name _____ <b>W0550</b>	
Address _____	City, _____, CA
Zip _____	Phone _____
E mail address _____	Membership categories    Introductory: \$25
Supporting \$75; Regular \$39; Contributing \$100; Senior/Student \$24; Life Member: \$1000	
Limited Income: \$24 <i>Make check payable to: <b>SIERRA CLUB Box 710414, San Diego, CA 92171-0414</b></i>	

SIERRA CLUB, SAN DIEGO CHAPTER  
SINGLES SECTION  
P.O. BOX 710414  
SAN DIEGO, CA 92171-0414

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