

The Happenings!

April , 2009

Volume 26, Issue 4

Sierra Club -- San Diego Chapter Singles Section



APR 1, WED,

ELFIN FOREST

Leader: Merrilyn Pope 858-750-9210 Assistant: Needed (M6C)
Vistas, reservoirs, streams. Initial ascent is 700' in 1.5 miles. Bring extra water, lunch. Lug sole boots, hiking poles needed. Meet at trailhead parking lot. NI-15 to 9th St Exit, which becomes Hale St, Turn right on to Harmony Grove, 6 mile ,till you come to Elfin Forest Reserve Thomas Bros. 1129 Main Chapter event.



APR 3, FRI, 6PM,

POTLUCK & MOVIE NIGHT- "THE CORPORATION PART II"

Potluck 6pm & Movie 6:30pm. A startling exposé and history of corporate law and practices. Sierra Club Chapter HQ – 8304 Clairemont Mesa Blvd. #101 (We have a zero waste policy so please bring your own non-disposable plate, cup, napkin, and utensils; pack it in & pack it out) Sponsor: International Committee Contact: Jean Costa 619-463-0721. Main Chapter event.



APR 4, SAT,

COASTERS SATURDAY BEACH WALK

Leader: Mac Downing 858-490-0583 or MacDowning@Yahoo.com- Assistant: Needed (E4A)
Beautiful 9 am beach walk in Oceanside. Great scenes. Bring water and comfortable hiking shoes or boots. Rain or drizzle cancels. Optional sack lunch at end. Hike limited to 20 sign up Email (prefer) or call Mac. Open to Main Chapter.




APR 4-APR 7, (SAT TO TUE)

PACIFIC CREST TRAIL, TEHACHAPI MTNS BACKPACK


Leader: Ellen Feeney 858-722-2115 or ellenf92126@yahoo.com- Assistant: Rob Langsdorf (M12H)
Backpack/Climb This 35 miles stretch of the Pacific Crest Trail through wind energy generators should have lots of flowers in April. Open country with elevations 3800 to 6900 ft. Very slow pace but long, endurance days. We'll filter and purify water only once at Golden Oak Springs and climb Weldon Peak on the way. Exploratory. Main Chapter event. April 5, 12, 19, and 26.

 **APR 5, SUN, 1PM** **VOLLEYBALL**

Host: Bob Hanson 619-287-7844 Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove. Directions: I-5 to Clairemont Dr., A few hundred feet west is Mission Bay Dr., turn right. Go to the next stop sign, turn left into the parking lot. We'll be on the grass past the NW corner of the parking lot. Look for the Sierra Club banner.

 **APR 6, MON, 6:30-7:30PM** **SIERRA SINGLES ORIENTATION**

A great way to find your niche in the club- Presentation features Sierra Singles events and activities. Discussion of activities and questions answered. No reservations needed. For more info, call E. L. Lotecka, elguide1@gmail.com , 760.533.2725 **New Location!!** Seminar Rooms A/B, Mission Valley Branch Library, 2123 Fenton Parkway, San Diego. (Friars Road south on Fenton Parkway, next to IKEA) Volunteer opportunities available! Newcomers welcome.

 **APR 8, WED, WED IN THE MTNS, STONEWALL PEAK**

Leader: Ellen Shively 619-479-3412 or ellenshively@sbcglobal.net Assistant: Needed(M6B)
Moderately paced hike to the peak and back. Enjoy spreading view of the Cuyamaca State Park and beyond from the mile high elevation. Lunch and update on Chapter conservation issues at the peak. Wear good lug soled boots and 2 qts water. Meet at 9 AM at the Milk Ranch Road and 79 intersection near the lake and just north of the ranger station at Paso Pichaco campground. Main Chapter event.

 **APR 8, WED, COWLES MOUNTAIN EVENING HIKE FROM MESA ROAD**

Leader: Diane Purkey 619-865-8598- Assistant: Robert Burroughs (M5C)
Night hike! No hat, no sunscreen. Learn about the chaparral world by flashlight. Bring a light jacket, flashlight, water and a munchie. Call for required signup. Leave word how late in the evening I can return your call. Main Chapter event.

 **APR 11, SAT, PADRES GAME VS. SAN FRANCISCO**

Host- Candy Brooks- 619 584 9072 Tickets have been purchased for those of you who prepaid. Please meet at The Old Spaghetti Factory on 5th and K at 5pm for our pregame dinner. Park at the Convention Center or take the trolley. We will do some more games this summer for those of you who missed out on this one.

 **APR 12, SUN, 1PM** **VOLLEYBALL**

Host: Bob Hanson 619-287-7844 Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove. Directions: I-5 to Clairemont Dr., A few hundred feet west is Mission Bay Dr., turn right. Go to the next stop sign, turn left into the parking lot. We'll be on the grass past the NW corner of the parking lot. Look for the Sierra Club banner.

 **APR 13, MON, 6:30-7:30 PM** **SIERRA SINGLES BOARD MEETING**

All interested persons and members are welcome! This is a new location; 8304 Clairemont Mesa Blvd., Room 105, 1 block west of 163 interchange on the north side of Clairemont Mesa Blvd. This room is next to the Main Chapter office. Board members will brown bag around 6 PM or come to the meeting at 6:30. Here's your chance to share your ideas for the Singles Section. The meeting is primarily business rather than social (but enjoyable!) No reservations needed. We need Board members, secretary, vice-chairperson, editor. Volunteers welcome willing to help several hours a month. Contact Gary at Sc9members1@aol.com for more information.



APR 15, WED, 9AM,

WEDS IN THE MTNS- WEST MESA

Leader: Mac Downing 858-490-0583 or MacDowning@Yahoo.com- Assistant: Needed (M8C)
Hike Cuyamacas. Observe Cedar fire recovery and views to south and east. Bring water, lunch, comfortable hiking boots or shoes. Meet 9 am at Hwy 79 lot 1.1 miles N of Park Headquarters, Thomas 1216 F2. MV (S of Bank America) car pool leaves 8:00. Rain or drizzle cancels. Main Chapter event.



APR 18, SAT,

AMAZON WARRIOR WOMEN'S SPINES-TO-PINES HIKE, SAN JACINTO

Leader: Diane Purkey 619-865-8598- Assistant: Lynn Nebus (S10E)
She's pretty but she's not easy! Climb eight THOUSAND vertical feet in 10 miles, from the desert floor to the top tram station, at a moderate, ego-free pace. You're ready when 4,000' is a half-day climb for you. \$12.00 tram ride down. Select men might qualify if space permits, but remember--Chicks Rule! Conservation study topic: Do local bighorn sheep have lambing rights here? The actual Saturday date will depend on snow conditions. Main Chapter event.



APR 18, SAT,

SANTIAGO PEAK

Leader: Jim Jafolla 619-295-6680 or JimJafolla@cox.net- Assistant: Starla Rivers (S14E)
Forget about your tax forms... Come and enjoy the spring flowers along the Holy Jim Trail and bag the highest peak in the Santa Ana Mtns (5687 ft). The trail is a sampler of creek, lush canyon, waterfall, oak woodland and chaparral covered slopes. Bring 3 liters water, lunch, sturdy shoes, sun protection and camera (optional). Limit 12. E-mail for sign-up and details. Main Chapter event.



APR 18, SAT, 5:30 PM, DINNER AND MOVIE, EDWARDS MIRA MESA THEATERS

Host-Candy Brooks 619 584 9072 Meet in the lobby to decide on a movie and buy our tickets. Followed by dinner at Pannera, weather permitting. Meet again at Pannera after the movie for dessert and coffee/tea/hot chocolate/lattes. Theaters are off the Mira Meas exit from the I-15. Hope to have a good turnout like we did in March.



APR 19, SUN, 10AM- 5PM

EARTHFAIR 2009 - BALBOA PARK

The annual EarthFair in Balboa Park is the largest free annual environmental fair in the world. Visit the Sierra Club exhibit!! Produced by 400 volunteers, EarthFair features more than 200 exhibitors, special theme areas, a Food Pavilion, a special Kids' Activity Area, five entertainment venues, the Children's Earth Parade (All Species Welcome) and Alternative Fuel Vehicle Parade and Show. Our exhibitors form the heart of EarthFair. They represent every type of environmental organization, governmental program and commercial enterprise with goods, services and causes that address our environment and quality of life. Our exhibitor fees are graduated to allow everyone to participate, from the smallest organization to the largest corporation. (not a Sierra Club sponsored event). Information only.



APR 19, SUN, 1PM

VOLLEYBALL

Host: Bob Hanson 619-287-7844 Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove. Directions: I-5 to Clairemont Dr., A few hundred feet west is Mission Bay Dr., turn right. Go to the next stop sign, turn left into the parking lot. We'll be on the grass past the NW corner of the parking lot. Look for the Sierra Club banner.



APR 22, WED,

THE PARK IN THE DARK: NORTH FORTUNA LOOP

Leader: Diane Purkey 619-865-8598- Assistant: Aaron Sweeny (M6C)
Here's an energetic evening conditioning hike for you in Mission Trails Park. From Tierrasanta we'll start out with great views of the city lights, then chug along at a moderate pace over the top of North Fortuna Mountain. VERY STEEP! Very rocky and very fun, and you can learn how night hiking works. Wear hiking boots and bring your flashlight. Main Chapter event.



APR 26, SUN, 10AM,

BALBOA PARK

Leader: E.L.Lotecka sdwalks@interactor.cc or 760.533.2725 Assistant Leader: Carol Stultz E5A Easy-paced social walk through the Park's canyons, promenades, bridges and gardens. Meet on NE corner 6th Av., at Upas St.and Balboa Dr. (Thomas 1269A6). Parking is available on Balboa Dr. and 6th Ave. Lunch and discussion at Thai Lotus afterwards.



APR 26, SUN, 1PM

VOLLEYBALL

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APR 28, TUES, MONTHLY BRIDGE NIGHT

Hostess: Patt Voight ncbeachbird@yahoo.com 619-504-7697 Join us for a night of party bridge. All levels of players welcome, even those wanting to learn. Play starts at 7:00 pm. Please call or e-mail to reserve.



APR 28-MAY 2,

SAN DIEGO CHAPTER OUTING LEADER TRAINING

The Sierra Club Statement of Purpose begins, "To explore, enjoy, and protect the wild places of the Earth..." In order to more effectively carry out this purpose, we need you as an outing leader. To become a Level I Chapter Outing Leader (lead on-trail dayhikes and car camps) you must:

- 1~ Have been on at least four Sierra Club outings.
- 2~ Be a Sierra Club member.
- 3~ Be at least 18 years of age.
- 4~ Attend all of both days of Level I Chapter Outing Leader training.
- 5~ Obtain a Red Cross Standard First Aid card or equivalent before proceeding to step 6.
- 6~ Plan, publish, and execute before April 28, 2010 two outings on which you are evaluated by experienced leaders.

Level I Chapter Outing Leader Training involves completion of BOTH of the following sessions.
SESSION ONE: April 28; 5:30–9:30 p.m. at the club office at 8304 Clairemont Mesa Blvd, #101, San Diego, 92111. Bring note-taking materials.

SESSION TWO: Saturday, May 2, 8:30 AM to about 5:00 PM.

HOW TO SIGN UP: Send e-mail beginning March 1 to SDCOLsignup@yahoo.com. Include your full name, your postal mailing address, your personal telephone number, and your Sierra Club member number (appears above your name on Hi Sierran mailing label) in your message. You will receive confirmation of your signup. The training class will be limited to the first 20 qualified persons who sign up. Sign-ups will be accepted beginning March 1 and will continue until the class is full or until 6:00 PM Monday April 13, whichever comes first. If you do not have e-mail, you may sign up by calling 858-272-4495 between 9 AM and 9 PM beginning March 1.

If you are not a Sierra Club member, or have not been one long enough to acquire a member number, you may not attend this training. Training is held twice a year. The next training will be in fall, 2009. Information on how to join the Sierra Club can be found elsewhere in this bulletin or online at www.sierraclub.org. No late registrations or walk-ins will be accepted for this training. Main Chapter event.



MAY 2, SAT, 9AM,

COASTERS HIKE/PICNIC

Leader: Mac Downing 858-490-0583 or MacDowning@Yahoo.com

Assistant: Needed(E4A)

Walk, then picnic. Come to one or both. Bring water NO hike reservations. Picnic costs \$5, RSVP by Apr 29/09 to Peg at 760 753-0899, or E-mail to DavidGrubb@sbcglobal.net, choose chicken or veggie burger. We hikers meet at 9 am in Encinitas at the parking lot at Third and C. Use Encinitas exit off hwy 5, go west under rail road and across Coast Highway-Old 101 to Third St. Turn left onto Third, drive up hill one block, turn right on C street and go right into parking lot, Thomas 1147-B7. Open to Main Chapter.



MAY 3, SUN, 1PM

VOLLEYBALL

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MAY 4, MON, 6:30-7:30PM

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MAY 6, WED,

WED IN THE MTNS: BETTY'S CABIN POTLUCK

Leader: Mac Downing 858-490-0583 or MacDowning@Yahoo.com - Assistant: Needed (M6A)

Laguna hike with potluck stop at Betty Hill's cabin, Betty has graciously invited us to use her cabin and its picnic table during our lunch break. Bring something to share, water, and hiking shoes or boots. MV carpool leaves 8 am. Meet 9 am on Sunrise Highway (S1) at Big Laguna (BLT) trail head just north of Forest Service Camp Olle Fire Station at milepost 25.2, Thomas 1218-E5. Rain or drizzle cancels. Main Chapter event.



MAY 6, WED,

COWLES MOUNTAIN EVENING HIKE FROM BARKER WAY

Leader: Diane Purkey 619-865-8598- Assistant: Robert Burroughs (M4B)

Abs? What are abs? Where? Oh, they're hidden abs. Join us on this fun, fast- paced evening conditioning hike up the trail less traveled to the top of Cowles Mountain. We'll cover very basic astronomy at the summit, with our great view of the night sky, then loop back down on the dirt fire road. Bring your flashlight and a light jacket. Call leader for required signup. Main Chapter event.



MAY 9, SAT,

AMAZON WARRIOR WOMEN'S SPINES-TO-PINES HIKE, SAN JACINTO

Leader: Diane Purkey 619-865-8598- Assistant: Rachel Barsman (S10E)

She's pretty but she's not easy! Climb eight THOUSAND vertical feet in 10 miles, from the desert floor to the top tram station, at a moderate, ego-free pace. You're ready when 4,000' is a half-day climb for you. \$15.00 tram ride down. Select men might qualify if space permits, but remember--Chicks Rule! Conservation study topic: Do local bighorn sheep have lambing rights here? Main Chapter event.



JUNE 12-14, SUNDAY, WELCOME TO THE SIERRA CLUB'S ANNUAL NATURE KNOWLEDGE WORKSHOP FRIDAY-SUNDAY!

You have a personal invitation to join us – for a weekend that may influence the rest of your life. This annual event is one of the two big Sierra Club happenings of each year (the other is the Wilderness Basics Course). The Nature Knowledge Workshop (NKW) combines education and appreciation for our precious, dwindling natural resources with a sharing and a building of new friendships. We hope you will leave the weekend with a renewed vigor towards a society respecting and preserving all living co-habitants. Friday evening through Sunday noon at the Sierra Club's scenic Foster Lodge on Mt. Laguna (el. 5,800 feet, San Diego County).

Cost is \$125 per Sierra Club member. (\$135 for a non-member) This covers: A comprehensive 190-page Naturalist's Manual, six full and nutritious meals created by Sheena Myers and staff, two nights' lodging- (either in the Lodge or tenting on the grounds), a stompin', clappin', Bluegrass concert on Friday evening. Also half-day nature hikes led through chaparral, forest, and meadow ecosystems. There are evening workshops on a variety of subjects, given by biologists and specialists. Subjects include plants, mammals, birds, insects, reptiles, Indian history and lore, ecology/conservation, astronomy, population issues, and more.

The NKW usually fills up early, followed by a long waiting list. For more information, call Lee or Fern at 619-583-3261 To register, send the following to Lee Siegal, 5224 Prosperity Lane, San Diego, CA 92115-2143 with this coupon for each person applying and a check for \$125 per Sierra Club member (\$135 for each non-member) payable to Sierra Club. You should enclose two self addressed, stamped envelopes (for two separate mailings) if you do not have e-mail. Main Chapter event.

Name _____

Address _____

City _____ State _____ Zip _____

Phone (home) _____ (work) _____

Amount sent: _____ Sierra Club number _____

E-mail address(es) _____

Age _____ Where did you grow up? _____

Occupation (previous if retired) _____

Sierra Singles Board Members

Membership (Acting chairman): Gary Washington, 619-708-8111, sc9members1@aol.com

Outings Chair: Doug Nolff, 858-442-8711, doug.nolff@gmail.com

Programs: Candy Brooks, 619 584 9072, escalagal@san.rr.com

Treasurer: Carol Stultz, 858 657-0502 castultz@gmail.com

Webmaster: Doug Nolff, 858-442-8711, doug.nolff@gmail.com

Hospitality: E.L. Lotecka, 760-533-2725, elguide1@gmail.com

Conservation: Melody Eues, 619-334-7192, mellah222@cox.net

Editor: *Open*, **Secretary:** *Open*, **Vice Chair:** *Open*,

Sierra Singles Website: <http://www.sandiego.sierraclub.org/singles>

Carpool Information:

Grossmont / La Mesa: Drive east on I-8, exit Jackson Drive and turn left. At the next light, turn right to Murray Drive. From I-8 west, exit Jackson Drive and go straight across the intersection. The Park & Ride is next to the Red Lobster Restaurant (do not park in the restaurant's half of the lot).

Mission Valley: Take I-8 to the Qualcomm Way off-ramp. Go west on Camino de la Reina. Park on Camino del Este near Camino de la Reina. Meet near the NE corner of Camino del Este and Camino de la Reina.

La Jolla: From I-5, exit Gilman Dr and turn west. To get to the lot, make a U-turn on Gilman and the lot will be on your right before the southbound on-ramp to I-5.

El Cajon (old): Meet on the southwest corner of Second St and Oakdale Ave. Take I-8 to Second Street exit. Go south one block to Oakdale Avenue. Park on Oakdale. (This El Cajon location has become crowded; many prefer to use the newer Los Coches facility.)

El Cajon: Take I-8 to Los Coches Road. Exit south and then left on Camino Canada. Thomas Bros. 1252, 1-D, 2001

Mira Mesa: From I-15, go west at Mira Mesa Blvd. Take the first right into the Park & Ride lot. From eastbound Mira Mesa Blvd, turn left (north) on Westview Pkwy and immediately right; drive past the north side of Best Buy.

Rancho Penasquitos: Take I-15 to Rancho Peñasquitos Blvd/Poway Rd exit. Go one block west on Rancho Peñasquitos Blvd. The Park & Ride is on the south (left) side of the street behind the Unocal 76 gas station.

Trip Grading System: The first letter shows the general difficulty of the trip.

E – Easy: Anyone in reasonable condition can do this trip.

M – Moderate: You must be in good shape, and previous hiking experience is recommended.

H – Hard: You should have comfortably done several moderate trips before tackling this. Look carefully at the mileage and elevation gain.

S – Strenuous: Talk about this trip with the leader. A fast pace may be required, besides other challenges.

V – Very Strenuous: This is for very experienced hikers. You may encounter difficult terrain. Don't try it until you are ready.

The number after the first character is the distance in miles (on multiple day trips it is for the longest day). For instance, M9B is a moderate 9-mile hike.

The last letter shows the elevation gain. For multi-day trips, the grade is the day with the most elevation gain. For example H12D is a hard 12-mile hike with a 2,000-3,000 foot gain:

A - Less than 500 feet gain **C - 1000 to 2000 feet gain** **E - more than 3000 feet gain**

B - 500 to 1000 feet gain **D- 2000TO 3000 feet gain** Advance reservations are required when a “***” appears in the header or when the write-up states to contact the leader.

A quick reminder --any member may sponsor events (not hikes) and list them in *The Happenings*. Please send the event to escalagal@san.rr.com for publication. Hikes should be sent to doug.nolff@gmail.com

Singles Board open positions: job descriptions:

Section 1. The vice chairperson shall preside at all Board and Singles Sections monthly events (in the absence of the chairperson) (also known as general meetings;) call special Board meetings as necessary, appoint standing and/or special committees as necessary, and exercise such powers as ordinarily accompany the office of Chairperson.

Section 4. The Secretary shall keep records of the proceedings of the Board meetings and distribute minutes to Board members and the Chapter Office and generate other correspondence as required. The Secretary shall archive all Sierra Singles Board minutes and correspondence for a minimum of five (5) years.

Section 8. The Editor shall cause to have published and sent on a regular basis to each member of the Section a newsletter listing all activities and outings of the Section (also weekly updates). The Editor shall work with Treasurer and Chairperson in the negotiation of costs for the printing and mailing of the newsletter. The Editor shall archive the Section newsletter for a minimum of five (5) years. The Editor is encouraged to attend the Hi Sierran Committee meeting.

You may subscribe to the Sierra Singles’ “The Happenings” for one year without Sierra Club membership. Both print copy and email editions are available. To renew after one year, you **must** be a Sierra Club member or join along with your Singles Section renewal. **“Fees paid to Sierra Singles and to Sierra Club are NOT tax deductible as charitable contributions”** To join Sierra Club now, please include the Sierra Club form (bottom) and a **SEPARATE** check payable to “**Sierra Club**” in the appropriate amount.

SIERRA SINGLE’S The Happenings! MEMBERSHIP FORM (Does not include Sierra Club, San Diego Chapter membership.)

Name _____ Address _____

City _____, CA Zip _____ Phone _____

Email _____ how did you hear about us? _____

Membership Categories: (New or Renewal) Paper Version - \$17 Email Version - \$10

Email version sent by blind copy to preserve your privacy. Include your email address if you want to get the all the activity updates that are not in the newsletter. * **ALL** renewal memberships **MUST** include proof of current Sierra Club membership: preferably a copy of your membership card clearly showing expiration date or an address label from a current Hi Sierran or Sierra magazine (along with enough of the front page to show the issue date). Includes subscription to Sierra

Make check payable to: **SIERRA SINGLES, Box 710414, San Diego, CA 92171-0414**

SIERRA CLUB MEMBERSHIP APPLICATION Includes subscription to Sierra magazine, \$7.50, and Chapter publications \$1 Name _____ **W0550**

Address _____ City, _____, CA

Zip _____ Phone _____

E mail address _____ Membership categories Introductory: \$25

Supporting \$75; Regular \$39; Contributing \$100; Senior/Student \$24; Life Member: \$1000

Limited Income: \$24 Make check payable to: **SIERRA CLUB Box 710414, San Diego, CA 92171-0414**

SIERRA CLUB, SAN DIEGO CHAPTER
SINGLES SECTION
P.O. BOX 710414
SAN DIEGO, CA 92171-0414

APRIL 2009, THE HAPPENINGS! Post-Consumer Recycled Paper/Soy-Based Ink Vol. 26, No.4