

The Happenings!

February 2009

Volume 26, Issue 2



Sierra Club -- San Diego Chapter Singles Section

Featured events:

Lake Ramona, Feb. 4

Whale Watching, Feb. 15

Balboa Park, Feb. 21

From the Board:

Congratulations to our Treasurer, Carol Stultz on becoming a Chapter Outings Leader. Way to go, Carol! We are happy to publish events for the membership, contact Candy Brooks at 619-584-9072, or escalagal@san.rr.com

Events-



JAN 31, SAT,

TRAIL BUILDING MATAGUAY SCOUT RANCH

Leader: Rob Langsdorf 858-549-1726- Assistant: Needed (E1A)
Join us to learn how to construct new trail. We will be working in the oak filled Mataguay Canyon. Work will involve carving some new tread, digging up roots and clearing brush. No experience is needed. Contact Rob for REQUIRED sign-up and directions to meeting point (which will be somewhere on Thomas Guide p 409 K9).
Main Chapter event.



JAN 31, SAT,

AGUA CALIENTE SPA DAY THEN THE ANNUAL RED TOP GRUNTFEST

Leader: Byron Cook - Assistant: Mark Brown (V18E)
Saturday there is an optional car camp at the Agua Caliente Campground and warm mineral springs. Early Sunday morning we will continue our desert hiking season with this very remote Anza Borrego peak. All cross country with 4200' elevation gain. This is 17 hour extremely arduous and difficult hike requires extensive desert cross country experience and proper equipment. For those not willing to soak in the warm water and camp out there will be a leaderless carpool location from San Diego on Sunday morning. Limit of 12 hikers and deadline to sign-up is Wednesday 1/28/09. Please sign-up using web form at:
http://www.n2outdoors.com/index.php?option=com_rsform&formId=4&Itemid=99999 Enter your information if you are interested in the hike and I will send an e-mail regarding where and when to meet. Main Chapter event



FEB 1, SUN, 1 PM,

VOLLEYBALL

Host: Bob Hanson 619-287-7844 Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove. Directions: I-5 to Clairemont Dr., A few hundred feet west is Mission Bay Dr., turn right. Go to the next stop sign, turn left into the parking lot. We'll be on the grass past the NW corner of the parking lot. Look for the Sierra club banner.



FEB 2, MON, 6:30-7:30PM

SIERRA SINGLES ORIENTATION

A great way to find your niche in the club- Presentation features Sierra Singles events and activities. Discussion of activities and questions answered. No reservations needed. For more info, call E. L. Lotecka, elguide1@gmail.com , 760.533.2725 Volunteer opportunities available! SerraMesa-KearnyMesa Branch Library, 9005 Aero Dr., San Diego CA 92123. Newcomers welcome.



FEB 4, WED, 8:45 AM

WED IN MTNS - LAKE RAMONA

Leader: Mac Downing 858-490-0583 or MacDowning@yahoo.com - Assistant: Needed (M8B)
Hike past Lake Poway to have lunch up at Lake Ramona. Bring water, lunch, and comfortable hiking shoes or boots. Meet 8:45 at Lake Poway Road in the park near the restrooms (where we met Ellen for her Mt. Woodson hike), Thomas 1170-H4. MV car pool. Rain or heavy recent rain or drizzle cancels. If weather considerations will cancel, message on answering machine by Tuesday evening. Main Chapter event.



FEB 6, FRI, 6 PM **POTLUCK AND MOVIE: "KILOWATT OURS; A PLAN TO RE-ENERGIZE AMERICA"** Potluck 6pm & Movie 630pm Filmmaker Jeff Barrie challenges us to trace the wires from our light switches to their energy source. He travels across the US searching for solutions to our energy problems and finds examples of power companies, schools, businesses and individuals who have found ways to meet their energy needs using conservation and green power. Chapter HQ – 8304 Clairemont Mesa Blvd. #101 (We have a zero waste policy so please bring your own non-disposable plate, cup, napkin, and utensils; pack it in & pack it out) Sponsor: International Committee Contact: Jean Costa 619-463-0721 Main Chapter event.



FEB 7, SAT, **LEUCADIA-QUAIL HOLLOW**
 Leader: Mac Downing 858-490-0583 or MacDowning@yahoo.com - Assistant: Needed (M4A)
 Hike in open area, varied terrain. Bring water and comfortable hiking shoes or boots. More effort than most of our hikes - two hills, one steep. Meet 9:00 in Leucudia, reservations required, to sign up use Email (prefer) or call, limited to 20, optional sack lunch at hike end. Rain, recent heavy rain or drizzle cancels. If weather considerations will cancel, message on answering machine by Tuesday evening. Main Chapter event.



FEB 8, SUN, 11AM, **BRUNCH AT THE BEACH**
 Host: Candy Brooks, Nicks at the Beach 809 Mission Blvd., Pacific Beach
 Please email me at escalagal@san.rr.com for an RSVP. Meet inside the restaurant. Free parking alongside the building. Optional volleyball following brunch at De Anza Cove. Or another activity arranged if people are interested.



FEB 8, SUN, 1 PM, **VOLLEYBALL**
 Host: Bob Hanson 619-287-7844 Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove. Directions: I-5 to Clairemont Dr., A few hundred feet west is Mission Bay Dr., turn right. Go to the next stop sign, turn left into the parking lot. We'll be on the grass past the NW corner of the parking lot. Look for the Sierra club banner.



FEB 9, MON, 6:30-7:30PM **SIERRA SINGLES BOARD MEETING**
 All interested persons and members are welcome! This is a new location; 8304 Clairemont Mesa Blvd., Room 105, 1 block west of 163 interchange on the north side of Clairemont Mesa Blvd. This room is next to the Main Chapter office. Board members will brown bag around 6 PM or come to the meeting at 6:30. Here's your chance to share your ideas for the Singles Section. The meeting is primarily business rather than social (but enjoyable!) No reservations needed. We need Board members, secretary, vice-chairperson, editor. Volunteers welcome willing to help several hours a month. Contact Gary at Sc9members1@aol.com for more information




FEB 11, WED, 8:30 AM **WED IN MTNS - SUYCOTT WASH**
 Leader: Mac Downing MacDowning@yahoo.com- 858-490-0583 Assistant: Needed E8B
 New hike in Mission Trails. We will stay west of Fortuna and its many steps. Enjoy the wash and views from the mesa. Bring water, lunch, and comfortable hiking shoes or boots. Meet 8:30 on the asphalt parking east end Clairemont Mesa Blvd, Thomas 1250-A1. Rain or drizzle cancels. Main Chapter event.





FEB 11, WED, **THE PARK IN THE DARK: NORTH FORTUNA LOOP**
 Leader: Diane Purkey 619-865-8598 - Assistant: Aaron Sweeny M6C
 Here's an energetic evening conditioning hike for you in Mission Trails Park. From Tierrasanta we'll start out with great views of the city lights, and then chug along at a moderate pace over the top of North Fortuna Mountain. VERY STEEP! Very rocky and very fun, and you can learn how night hiking works. Wear hiking boots and bring your flashlight. Main Chapter event.


 **FEB 15, SUN, 1 PM, VOLLEYBALL**


Host: Bob Hanson 619-287-7844 Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove. Directions: I-5 to Clairemont Dr., A few hundred feet west is Mission Bay Dr., turn right. Go to the next stop sign, turn left into the parking lot. We'll be on the grass past the NW corner of the parking lot. Look for the Sierra club banner.

 **FEB 15, SUN, 10 AM (or SAT, MAR 7) 3RD ANNUAL WHALE WATCHING TRIP TO THE CORONADO ISLANDS** 10am – 3pm **SPACE IS LIMITED and Fills up Fast** Sponsored by the Chapter Conservation Committee Join us for a whale watching trip to the Coronado Islands, leaving from San Diego (round trip). Spend a sunny day enjoying the outdoors, seeing whales and other marine animals. We get to see the Coronado Island animal residents– which include the sea lions, elephant seals, Harbor seals, various shorebirds, and some seabirds nesting on the cliffs. We are accompanied by playful dolphins riding the bow of the boat, and we often see sea lions throughout the trip. We will also be accompanied by a marine mammal biologist, naturalist, and a researcher of gray whale conservation to lead our trip and provide interesting facts about the creatures we observe. \$65 Adults, \$55 Students, \$50 Children (13 and under) Reservations are not confirmed until payment is received! All reservations are made on a first come-FIRST PAID basis only. You must reserve your space before making payment! Email to: rmiller@sierraclubsandiego.org or call 619-248-5419. Send your check, payable to “Sierra Club Conservation Comm. Outings”, to: Whale Watching Trip, Sierra Club, 8304 Clairemont Mesa Blvd, Ste. 101, San Diego, CA 92111. Please include the name, address, email, and telephone number of each person. Main Chapter event.

 **FEB 21, SAT, 9AM, BALBOA PARK**
Leader: E.L.Lotecka sdwalks@interactor.cc or 760.533.2725 Assistant Leader: Carol Stultz E5A
Moderate-pace social walk through the Park's canyons, promenades, bridges and gardens. Meet on NE corner 6th Av., at Upas St. and Balboa Dr. (Thomas 1269A6). Parking is available on Balboa Dr. and 6th Ave. Lunch and discussion at Thai Lotus afterwards.

 **FEB 21, SAT, 5:30PM, MOVIE AND DINNER, MIRA MESA THEATERS**
Host: Candy Brooks 619 684 9072 Mira Mesa Theaters, Mira Mesa. Meet inside the lobby by 5:30 to buy tix. Followed by dinner at the nearby Pat and Oscars. If you are running late, please meet us at the restaurant. Parking can be difficult. After the movie, coffee and dessert at the nearby Pannera. Theaters are off the Mira Mesa exit at I-15.

 **FEB 22, SUN, 1 PM, VOLLEYBALL**
Host: Bob Hanson 619-287-7844 Everyone is welcome. We have 2 nets, one for advanced play, and the other for everyone. Come enjoy the sun, fun, fresh air and a little friendly competition at De Anza Cove. Directions: I-5 to Clairemont Dr., A few hundred feet west is Mission Bay Dr., turn right. Go to the next stop sign, turn left into the parking lot. We'll be on the grass past the NW corner of the parking lot. Look for the Sierra club banner.

 **FEB 24, TUESDAY, 7PM, MONTHLY BRIDGE NIGHT**
Host Patt Voight 619-504-7697, ncbeachbird@yahoo.com Join us for a fun night of social party bridge. Beginners welcome. Play begins at 7:00. Please call or e-mail to reserve your spot. Directions provided when you sign up. Limit 12.



FEB 25, WED, 6:30 PM,

COWLES MOUNTAIN 6:30 EVENING HIKE

Leader: Diane Purkey 619-865-8598- Assistant: Christine Driscoll (M7C)

Take a quick, fun hike up the Big Rock side of San Diego's highest point. Learn about the chaparral world by flashlight. Bring hiking boots, a light jacket, flashlight, water and a munchie. Call for required signup, and leave word how late in the evening I can return your call. Main Chapter event.



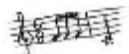
FEB 28, SAT,

TRAIL BUILDING MATAGUAY SCOUT RANCH

Leader: Rob Langsdorf 858-549-1726- Assistant: Needed (E1A)

Join us to learn how to construct new trail. We will be working in the oak filled Matagual Canyon. Work will involve carving some new tread, digging up roots and clearing brush. No experience is needed. Contact Rob for REQUIRED sign-up and directions to meeting point (which will be somewhere on Thomas Guide p 409 K9).

Contact: Rob Langsdorf Main Chapter event.



FEB 28, SAT, 8:00 PM,

AN ACOUSTIC MUSIC HOUSE CONCERT

Doors open at 7:00 PM Carol Branch's (858-452-1539 or wonderwoman@san.rr.com), House at 7170 Rock Valley Court, San Diego 92122 Casual dress. Potluck finger food. Snacks and beverages will be available, Contributions welcome. Reservations required! Limited to 60 people. Recommended donation: \$15.00 at the door. CD's will be available for purchase. Performer's web site: <http://thegramms.net/>

TYPE OF MUSIC: Americana; Folk-Rock--a totally unique sound. If you haven't heard them you won't be disappointed. Singer songwriter Chuck Schiele will perform mostly all original songs, and the violin playing of Sweet Elise gives them a most interesting sound. There are 5 band members: 2 guitars, bass, drums and violin.

DIRECTIONS: Take I-805 to the Governor Dr. off-ramp in University City. Proceed west on Governor Dr. and turn right at the 2nd light, which is Gullstrand. Gullstrand changes its name to Cather St. just before you turn right onto Rock Valley Ct. The house is at the end of the cul-de-sac: 7170 Rock Valley Ct. If you arrive late you may have to park around the corner on Cather, as parking in the cul-de-sac is limited.



MAR 2, MON, 6:30-7:30PM

SIERRA SINGLES ORIENTATION

A great way to find your niche in the club- Presentation features Sierra Singles events and activities. Discussion of activities and questions answered. No reservations needed. For more info, call E. L. Lotecka, elguidel@gmail.com, 760.533.2725 **New Location!!** Seminar Rooms A/B, Mission Valley Branch Library, 2123 Fenton Parkway, San Diego. (Friars Road south on Fenton Parkway, next to IKEA) Volunteer opportunities available! Newcomers welcome



MAR 7, SAT, 10 3RD ANNUAL WHALE WATCHING TRIP TO THE CORONADO ISLANDS

10am – 3pm **SPACE IS LIMITED and Fills up Fast** Sponsored by the Chapter Conservation Committee Join us for a whale watching trip to the Coronado Islands, leaving from San Diego (round trip). Spend a sunny day enjoying the outdoors, seeing whales and other marine animals. We get to see the Coronado Island animal residents– which include the sea lions, elephant seals, Harbor seals, various shorebirds, and some seabirds nesting on the cliffs. We are accompanied by playful dolphins riding the bow of the boat, and we often see sea lions throughout the trip. We will also be accompanied by a marine mammal biologist, naturalist, and a researcher of gray whale conservation to lead our trip and provide interesting facts about the creatures we observe. \$65 Adults, \$55 Students, \$50 Children (13 and under) Reservations are not confirmed until payment is received! All reservations are made on a first come-FIRST PAID basis only. You must reserve your space before making payment! Email to: rmiller@sierraclubsandiego.org or call 619-248-5419. Send your check, payable to “Sierra Club Conservation Comm. Outings”, to: Whale Watching Trip, Sierra Club, 8304 Clairemont Mesa Blvd, Ste. 101, San Diego, CA 92111. Please include the name, address, email, and telephone number of each person. Main Chapter event.



MAR 8, SUN, 6:30 PM,

COWLES MOUNTAIN 6:30 HIKE FROM BARKER WAY

Leader: Diane Purkey 619-865-8598- Assistant: Robert Burroughs

M4B

Abs? What are abs? Where? Oh, they're hidden abs. Join us on this fun, fast-paced evening conditioning hike up the trail less traveled to the top of Cowles Mountain. We'll cover very basic astronomy at the summit, with our great view of the night sky, then loop back down on the dirt fire road. Bring your flashlight and a light jacket. Call leader for required signup. Main Chapter event.



MAR 9, MON, 6:30-7:30 PM

SIERRA SINGLES BOARD MEETING

All interested persons and members are welcome! This is a new location; 8304 Clairemont Mesa Blvd., Room 105, 1 block west of 163 interchange on the north side of Clairemont Mesa Blvd. This room is next to the Main Chapter office. Board members will brown bag around 6 PM or come to the meeting at 6:30. Here's your chance to share your ideas for the Singles Section. The meeting is primarily business rather than social (but enjoyable!) No reservations needed. We need Board members, secretary, vice-chairperson, editor. Volunteers welcome willing to help several hours a month. Contact Gary at Sc9members1@aol.com for more information



APR 28-MAY 2,

SAN DIEGO CHAPTER OUTING LEADER TRAINING

The Sierra Club Statement of Purpose begins, "To explore, enjoy, and protect the wild places of the Earth..." In order to more

effectively carry out this purpose, we need you as an outing leader. To become a Level I Chapter Outing Leader (lead on-trail dayhikes and car camps) you must:

- 1~ Have been on at least four Sierra Club outings.
- 2~ Be a Sierra Club member.
- 3~ Be at least 18 years of age.
- 4~ Attend all of both days of Level I Chapter Outing Leader training.
- 5~ Obtain a Red Cross Standard First Aid card or equivalent before proceeding to step 6.
- 6~ Plan, publish, and execute before April 28, 2010 two outings on which you are evaluated by experienced leaders.

Level I Chapter Outing Leader Training involves completion of BOTH of the following sessions.

SESSION ONE: April 28; 5:30–9:30 p.m. at the club office at 8304 Clairemont Mesa Blvd, #101, San Diego, 92111. Bring note-taking materials.

SESSION TWO: Saturday, May 2, 8:30 AM to about 5:00 PM.

HOW TO SIGN UP: Send e-mail beginning March 1 to SDCOLsignup@yahoo.com. Include your full name, your postal mailing address, your personal telephone number, and your Sierra Club member number (appears above your name on Hi Sierran mailing label) in your message. You will receive confirmation of your signup. The training class will be limited to the first 20 qualified persons who sign up. Sign-ups will be accepted beginning March 1 and will continue until the class is full or until 6:00 PM Monday April 13, whichever comes first. If you do not have e-mail, you may sign up by calling 858-272-4495 between 9 AM and 9 PM beginning March 1.

If you are not a Sierra Club member, or have not been one long enough to acquire a member number, you may not attend this training. Training is held twice a year. The next training will be in fall, 2009. Information on how to join the Sierra Club can be found elsewhere in this bulletin or online at www.sierraclub.org.

No late registrations or walk-ins will be accepted for this training.

Sierra Singles Board Members

Membership (Acting chairman,): Gary Washington, 619-708-8111, sc9members1@aol.com

Outings Chair: Doug Nolff, 858-442-8711, doug.nolff@gmail.com

Programs: Candy Brooks, 619 584 9072, escalagal@san.rr.com

Treasurer: Carol Stultz, 858 657-0502 cstultz@san.rr.com

Webmaster: Doug Nolff, 858-442-8711, doug.nolff@gmail.com

Hospitality: E.L. Lotecka, 760-533-2725, elguide1@gmail.com

Conservation: Melody Eues, 619-334-7192, mellah222@cox.net

Editor: Open, Secretary: Open, Vice Chair: Open,

Sierra Singles Website: <http://www.sandiego.sierraclub.org/singles>

Carpool Information:

Grossmont / La Mesa: Drive east on I-8, exit Jackson Drive and turn left. At the next light, turn right to Murray Drive. From I-8 west, exit Jackson Drive and go straight across the intersection. The Park & Ride is next to the Red Lobster Restaurant (do not park in the restaurant's half of the lot).

Mission Valley: Take I-8 to the Qualcomm Way off-ramp. Go west on Camino de la Reina. Park on Camino del Este near Camino de la Reina. Meet near the NE corner of Camino del Este and Camino de la Reina.

La Jolla: From I-5, exit Gilman Dr and turn west. To get to the lot, make a U-turn on Gilman and the lot will be on your right before the southbound on-ramp to I-5.

El Cajon (old): Meet on the southwest corner of Second St and Oakdale Ave. Take I-8 to Second Street exit. Go south one block to Oakdale Avenue. Park on Oakdale. (This El Cajon location has become crowded; many prefer to use the newer Los Coches facility.)

El Cajon: Take I-8 to Los Coches Road. Exit south and then left on Camino Canada. Thomas Bros. 1252, 1-D, 2001

Mira Mesa: From I-15, go west at Mira Mesa Blvd. Take the first right into the Park & Ride lot. From eastbound Mira Mesa Blvd, turn left (north) on Westview Pkwy and immediately right; drive past the north side of Best Buy.

Rancho Penasquitos: Take I-15 to Rancho Peñasquitos Blvd/Poway Rd exit. Go one block west on Rancho Peñasquitos Blvd. The Park & Ride is on the south (left) side of the street behind the Unocal 76 gas station.

Trip Grading System: The first letter shows the general difficulty of the trip.

E – Easy: Anyone in reasonable condition can do this trip.

M – Moderate: You must be in good shape, and previous hiking experience is recommended.

H – Hard: You should have comfortably done several moderate trips before tackling this. Look carefully at the mileage and elevation gain.

S – Strenuous: Talk about this trip with the leader. A fast pace may be required, besides other challenges.

V -Very Strenuous: This is for very experienced hikers. You may encounter difficult terrain. Don't try it until you are ready.

The number after the first character is the distance in miles (on multiple day trips it is for the longest day). For instance, M9B is a moderate 9-mile hike.

The last letter shows the elevation gain. For multi-day trips, the grade is the day with the most elevation gain. For example H12D is a hard 12-mile hike with a 2,000-3,000 foot gain:

A - Less than 500 feet gain

C - 1000 to 2000 feet gain

E - more than 3000 feet gain

B - 500 to 1000 feet gain

D- 2000TO 3000 feet gain

Advance reservations are required when a “***” appears in the header or when the write-up states to contact the leader.

A quick reminder --any member may sponsor events (not hikes) and list them in *The Happenings*. Please send the event to escalagal@san.rr.com for publication. Hikes should be sent to doug.nolff@gmail.com

Singles Board open positions: job descriptions:

Section 1. The vice chairperson shall preside at all Board and Singles Sections monthly events (in the absence of the chairperson) (also known as general meetings;) call special Board meetings as necessary, appoint standing and/or special committees as necessary, and exercise such powers as ordinarily accompany the office of Chairperson.

Section 4. The Secretary shall keep records of the proceedings of the Board meetings and distribute minutes to Board members and the Chapter Office and generate other correspondence as required. The Secretary shall archive all Sierra Singles Board minutes and correspondence for a minimum of five (5) years.

Section 8. The Editor shall cause to have published and sent on a regular basis to each member of the Section a newsletter listing all activities and outings of the Section (also weekly updates). The Editor shall work with Treasurer and Chairperson in the negotiation of costs for the printing and mailing of the newsletter. The Editor shall archive the Section newsletter for a minimum of five (5) years. The Editor is encouraged to attend the Hi Sierran Committee meeting.

You may subscribe to the Sierra Singles' "The Happenings" for one year without Sierra Club membership. Both print copy and email editions are available. To renew after one year, you **must** be a Sierra Club member or join along with your Singles Section renewal.

“Fees paid to Sierra Singles and to Sierra Club are NOT tax deductible as charitable contributions” To join Sierra Club now, please include the Sierra Club form (bottom) and a **SEPARATE** check payable to “Sierra Club” in the appropriate amount.

SIERRA SINGLE’S The Happenings! MEMBERSHIP FORM (Does not include Sierra Club, San Diego Chapter membership.)

Name _____ Address _____

City _____, CA Zip _____ Phone _____

Email _____ how did you hear about us? _____

Membership Categories: (New or Renewal) Paper Version - \$17 Email Version - \$10

Email version sent by blind copy to preserve your privacy. Include your email address if you want to get the all the activity updates that are not in the newsletter. * **ALL** renewal memberships **MUST** include proof of current Sierra Club membership: preferably a copy of your membership card clearly showing expiration date or an address label from a current Hi Sierran or Sierra magazine (along with enough of the front page to show the issue date). Includes subscription to Sierra

*Make check payable to: **SIERRA SINGLES, Box 710414, San Diego, CA 92171-0414***

SIERRA CLUB MEMBERSHIP APPLICATION Includes subscription to Sierra magazine, \$7.50, and Chapter publications \$1 Name _____ **W0550**

Address _____ City, _____, CA

Zip _____ Phone _____

E mail address _____ Membership categories Introductory: \$25

Supporting \$75; Regular \$39; Contributing \$100; Senior/Student \$24; Life Member: \$1000

Limited Income: \$24 *Make check payable to: **SIERRA CLUB Box 710414, San Diego, CA 92171-0414***

SIERRA CLUB, SAN DIEGO CHAPTER
SINGLES SECTION
P.O. BOX 710414
SAN DIEGO, CA 92171-0414

FEBRUARY 2009, THE HAPPENINGS! Post-Consumer Recycled Paper/Soy-Based Ink Vol. 26, No.2